



# Comfort

## Symptoms Other Than Pain

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### Student Objectives

**Goal:**

To relieve distressing symptoms at end of life.

**Outcomes:**

At the end of this module, the student will be able to:

1. Recognize and relieve symptoms commonly occurring at the end of life.
2. Evaluate the impact of all therapies in end-of-life care on the quality of life experienced by the dying person and by his/her family.
3. Recognize and prepare the patient and family for decline in physical condition and perhaps in emotional, cognitive, and behavioral status.
4. Create a physical, cognitive, and emotional environment around the dying person allowing his/her caregivers to be with him/her throughout the terminal illness.
5. Implement end-of-life care with minimal use of machines unless specifically desired by the dying person or unless palliation of symptoms is not possible without use of such technologies.